



**SOMERSET COUNTY PARK COMMISSION**

**Therapeutic Recreation**

**2022 July/August**

**Teen/Adult Programs**



Please call 908-526-5650 if you would like your name taken off our list.

# Therapeutic Recreation Department

P.O. Box 5327, North Branch, NJ 08876 v Tel. 908 526-5650; Fax 908 429-5508  
TTY users, please use the Relay Service @ 711 ❖ www.somersetcountyparks.org

Dina Trunzo, CTRS, Manager  
Gwen Leubner, Program Coordinator  
Lisa Kazman, Program Coordinator

Office Hours:  
Monday through Friday 8:00am to 4:30pm  
2022 July/August ❖ Teen/Adult Programs

**Therapeutic Recreation (TR) is a cooperative effort between the Somerset County Park Commission and the following participating municipalities:**

<b>Bedminster</b>	<b>Manville</b>
<b>Bernards Township</b>	<b>Montgomery</b>
<b>Bernardsville</b>	<b>North Plainfield</b>
<b>Bound Brook</b>	<b>Raritan</b>
<b>Branchburg</b>	<b>Somerville</b>
<b>Bridgewater</b>	<b>South Bound Brook</b>
<b>Green Brook</b>	<b>Warren</b>
<b>Hillsborough</b>	<b>Watchung</b>

**The department provides year round recreation programs to individuals with developmental disabilities residing in participating municipalities. We encourage your input and suggestions. Not sure which program to register for? Please call the TR office. We are here to help you recreate!**

## POLICIES

### Annual Information Form/Release & Waiver Form

In an effort to maintain current personal information about each participant, everyone must complete an annual information form. You are asked to complete it fully and return it to the TR office. Once each year, in January, we will ask you to update the form, and whenever you have new information (such as a new doctor or a change in medication) or have a change in medical status, we ask that you notify us immediately. Additionally, a current Release, Waiver and Participation Agreement Form must be on file.

### Financial Assistance

Through the Somerset County Park Foundation, a scholarship/financial aid fund has been created for individuals who cannot pay the entire amount due for a program. To request assistance contact the TR Department to find out more information regarding this procedure and requirements. Minimum contribution will be required.

### Payment Policy

All program fees are due when registration is submitted. If necessary, please discuss a possible payment schedule with the TR office. Failure to pay these fees can result in suspension from programs during a season. The participant and/or guardian is responsible for paying the entire program fee regardless of the participant's attendance. A fee may be charged for all returned checks.

### Refund/Household Credit Request

The Somerset County Park Commission will refund registration fees due to illness, injury, or other extenuating circumstances which makes participation in the program impossible, providing that prior to the start of the program notification is given to the TR Department. Refunds will be prorated in accordance with the number of sessions/classes attended and/or supplies/tickets already purchased. Furthermore, if we find the program requirements are not commensurate with the abilities of the registrant, a refund for the program will be given. A household credit for other reasons may be granted if the program has not yet begun and another program registrant enrolls. No refunds/credits for absences.

### Canceled Programs

A minimum number of participants is required for each program. A program may be canceled if this number is not reached. A program reimbursement or credit will be issued. If a program is canceled because of unforeseen circumstances, you will be contacted as soon as possible, and a program credit or refund will be issued.

### Closed Programs

If a program closes because we have reached maximum enrollment, your name will be put on a waiting list and you will be contacted if space becomes available.

### Behavior

Participants who are physically or verbally abusive to themselves or others will be suspended from the program and participation in future programs will be limited.

### Inclement Weather

If at all possible, TR staff will call your home if a program is canceled due to inclement weather. For further information, you may call the TR office for a recorded message.

### Medication/Personal Needs

TR staff cannot administer medication. Participants must be able to meet their own personal needs and administer their own medication.

### Groups

No more than two individuals from any one group residence may register for an activity that has limited slots available.

### Other Policies

For safety reasons, no smoking will be permitted during TR sponsored activities. Alcohol consumption is forbidden during programs. Registration is not transferable. No participant substitutions will be allowed.

## REGISTRATION POLICY

Registration will be accepted beginning on the date specified below and on the registration form. Registration is accepted in the following ways:

- **Registration is online and will open on Monday, June 20 at 5:00 pm.**
- Phone-in/fax registration will begin **Tuesday, June 21** at 9:00am. **No email registration accepted.**

The fax machine is in a public area. It is highly recommended that you fax only during office hours.

Registrations received prior to the specified date & time will not be accepted.

*Please visit our website to review our policies and procedures as well as information regarding the TR registration process.*

### PICK-UP /DROP-OFF



This symbol is displayed by those programs listed for which a vehicle is available. All participants receiving rides from the TR Department to programs must abide by TR policies. The pick-up times will be established one week before the start of each program. In order to maintain this schedule, all riders are expected to be at their "pick-up" site at the time designated. The TR staff can wait at that location no more than 5 minutes after the time specified. Families/guardians are to be at the site at the time specified for "drop-off". Failure to abide by these terms more than twice per season, or misbehavior on the vehicle, will result in loss of this privilege.

**The TR staff reserves the right to change or cancel pick-up/drop-off points listed for each program depending on the number of individuals requesting rides to programs from that point. Notification will be made prior to the start of the program. Pick-up/drop-off is available on a first come, first served basis.**

**\*\*No pick-up/drop-off is available within 5 miles of a program site. \*\***

**The TR Department does not provide home pick-up/drop-off.**

**AVAILABILITY ON THE VEHICLES IS LIMITED AND WILL BE GRANTED ON A FIRST COME FIRST SERVE BASIS. MASKS WILL BE REQUIRED WHILE RIDING IN THE VEHICLES. NO EXCEPTIONS!**

If you have any questions about these policies, or if you are scheduled for pick-up, but cannot attend the day's program or event, please call the TR office. 908-526-5650.

**Location:** All Programs are held at North Branch Park, TR Activity Center, 355 Milltown Road, Bridgewater, unless otherwise noted.



This symbol displayed next to programs indicates that pick-up/drop-off **MAY** be available from the locations listed below.

- A. Dewy Meadow Village Mall  
403 King George Rd, Basking Ridge
- B. Nelsons Corner Shopping Center

### PICK-UP/DROP-OFF POLICY

This policy applies to all programs offered by the department. Participants will be given one (1) warning per calendar year and allowed one (1) offense per year.

- A. Individuals dropped off early and picked up late at Park Headquarters for special programs and trips will be assessed a penalty of \$10.00 per fifteen (15) minutes after a (15) minute grace period.
- B. Individuals who are dropped off early and picked up late at designated pick-up/drop-off points will be assessed a penalty of \$10.00 per fifteen (15) minutes after the first five (5) minutes.
- C. Individuals who are dropped off directly at a program site may be dropped off no more than 5 minutes before the start of program. Those individuals dropped off early will be assessed a penalty fee of \$10.00 per (15) fifteen minutes. Individuals picked up late at a program site will be assessed the same penalty as stated in A.
- D. After the first offense, individuals will be charged a higher rate.
- E. Abuse of the policy will result in suspension from the program.

### DIFFERENT PERSON PICK-UP

If someone other than the parent/guardian or group home staff will be picking up a participant at the conclusion of the program, either at the program site or pick-up/drop-off point, advance written notification **MUST** be given to the TR staff.

## TEEN/ADULT PROGRAMS, AGES 14 AND OLDER

### BEACH BODY (98447)



We all like to feel our best especially when the weather is warm. Challenge yourself to keep moving all summer in this fitness program.

**Date:** Mondays, July 11, 18, 25  
**Time:** 7:00 – 8:30pm  
**Fee:** \$60.00

### SUMMER DELIGHT (98448)



Tempt your taste buds! Food always tastes better when it sunny and warm. We will use seasonal fruits and vegetables to create new and delicious recipes to satisfy your summer appetites. Eat a light dinner before attending this program.

**Date:** Tuesdays, July 12, 19, 26  
**Time:** 7:00 – 8:30pm  
**Fee:** \$65.00



### PAJAMA PARTY (98449)



Come dressed in your bedtime best, we'll have lots of fun without any rest. There's pizza for dinner, a few movies, some games and a good night sweet treat too.

**Date:** Thursday, July 14  
**Time:** 7:00 – 9:00pm  
**Fee:** \$25.00

### FISHING FUN (98450)



You too will have a fish tail to tell when you spend an evening fishing with us. Assisted by Park Commission Rangers, we will cast our lines into one of the ponds at Colonial Park. No fishing experience needed. Come catch the Big one!

**Date:** Thursday, July 21  
**Time:** 7:00 – 8:30pm  
**Location:** Colonial Park  
156 Mettlers Road  
Franklin Township  
Parking Lot B  
**Fee:** \$20.00



### ICE CREAM SOCIAL (98451)



Who doesn't love ice cream? Gather with friends to enjoy a sweet summer treat while spending time with others.

**Date:** Thursday, July 28  
**Time:** 7:00 – 8:30pm  
**Fee:** \$25.00



### SUMMER CRAFTS (98452)



Making traditional summer crafts is always a blast. Come create tie-dye and fabric art projects. **Please bring a white prewashed shirt or item to tie-dye.**

**Date:** Monday, August 1  
**Time:** 7:00 – 8:30pm  
**Fee:** \$35.00

### COLORED PENCIL CREATIONS (98453)



Put pencil to paper as we draw confidently and beautifully. We will learn about color mixing, methods for blending colored pencils and using everyday items to add amazing textures and details to our drawings. No drawing experience needed.

**Date:** Tuesdays, August 2, 9  
**Time:** 7:00 – 8:30pm  
**Fee:** \$50.00

### KICKBALL (98454)



Feel like a kid again as we play the classic game of kickball! Run the bases and get to home before the other team gets you out.

**Date:** Thursday, August 4  
**Time:** 7:00 – 8:30pm  
**Fee:** \$18.00

### TR TALENT (98455)



We had a blast with this virtual program so we decided to make it live! Show off your talent for your friends to see. Tell a joke, read a poem, play an instrument, do a dance, sing a song, or whatever you can think of!

**Date:** Monday, August 8  
**Time:** 7:00 - 8:30pm  
**Fee:** \$18.00



**SPECIAL**

## SUMMER CONNECT

Back by popular demand! Each week will be filled with exciting activities including games, arts & crafts, cooking, fitness, current events, and more! The goal of this program is to provide leisure opportunities, foster independence, and enhance health and well-being. A schedule for the session will be sent prior to the start of the session.

- Minimum of 10 participants
- Attendees must be able to function in a group setting of 10 participants to 2 staff.
- Program takes place at the TR Activity Center.
- Must reside in a TR participating municipality.
- No transportation is offered.
- Please bring a lunch with beverage and **reusable** water bottle.
- All participants must be independent in all areas of personal care, able to administer their own medication, and toilet trained. If there are any Covid Guidelines in place, they will be adhered to in the program.
- Extra money may be needed for some activities. You may choose one or both sessions.

**Session I:** Monday - Friday, August 15 - 19

**Session II:** Monday - Friday, August 22 - 26

**Time:** 9:00am - 3:00pm

**STAY TUNED FOR A FLYER WITH MORE INFORMATION!  
(REGISTRATION WILL BE IN JULY)**



# JULY

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11 Beach Body	12 Summer Delight	13	14 Pajama Party	15	16
17	18 Beach Body	19 Summer Delight	20	21 Fishing	22	23
24	25 Beach Body	26 Summer Delight	27	28 Ice Cream Social	29	30

# AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Summer Crafts	2 Colored Pencil Creations	3	4 Kickball	5	6
7	8 TR Talent	9 Colored Pencil Creations	10	11	12	13
14	15 Summer Connect	16 Summer Connect	17	18 Summer Connect	19 Summer Connect	20
21	22 Summer Connect	23 Summer Connect	24	25 Summer Connect	26 Summer Connect	27
28	29	30	31			

