



*Somerset County
Park Commission*



SOMERSET COUNTY PARK COMMISSION

Therapeutic Recreation
Adult Programs

January & February 2022

Please call 908-526-5650 if you would like your name taken off our list.



Therapeutic Recreation Department

P.O. Box 5327, North Branch, NJ 08876 v Tel. 908 526-5650; Fax 908 429-5508
TTY users, please use the Relay Service @ 711 ❖ www.somersetcountyparks.org

Dina Trunzo, CTRS, Manager
Gwen Leubner, Program Coordinator
Lisa Kazman, Program Coordinator

Office Hours:
Monday through Friday 8:00am to 4:30pm
2022 January/February Adult Programs

Therapeutic Recreation (TR) is a cooperative effort between the Somerset County Park Commission and the following participating municipalities:

Bedminster	Manville
Bernards Township	Montgomery
Bernardsville	North Plainfield
Bound Brook	Raritan
Branchburg	Somerville
Bridgewater	South Bound Brook
Green Brook	Warren
Hillsborough	Watchung

TR provides year round recreation programs to children and adults with developmental disabilities residing in participating municipalities. We encourage your input and suggestions. Not sure which program to register for? Please call the TR office. We are here to help you recreate!

POLICIES

Annual Information Form/Release & Waiver Form

In an effort to maintain current personal information about each participant, everyone must complete an annual information form. You are asked to complete it fully and return it to the TR office. Once each year, in January, we will ask you to update the form, and whenever you have new information (such as a new doctor or a change in medication) or have a change in medical status, we ask that you notify us immediately. Additionally, a current Release, Waiver and Participation Agreement Form must be on file.

Financial Assistance

Through the Somerset County Park Foundation, a scholarship/financial aid fund has been created for individuals who cannot pay the entire amount due for a program. To request assistance contact the TR Department to find out more information regarding this procedure and requirements. Minimum contribution will be required.

Payment Policy

All program fees are due when registration is submitted. If necessary, please discuss a possible payment schedule with the TR office. Failure to pay these fees can result in suspension from programs during a season. The participant and/or guardian is responsible for paying the entire program fee regardless of the participant's attendance. A fee may be charged for all returned checks.

Refund/Household Credit Request

The Somerset County Park Commission will refund registration fees due to illness, injury, or other extenuating circumstances which makes participation in the program impossible, providing that prior to the start of the program notification is given to the TR Department. Refunds will be prorated in accordance with the number of sessions/classes attended and/or supplies/tickets already purchased. Furthermore, if we find the program requirements are not commensurate with the abilities of the registrant, a refund for the program will be given. A household credit for other reasons may be granted if the program has not yet begun and another program registrant enrolls. No refunds/credits for absences.

Canceled Programs

A minimum number of participants is required for each program. A program may be canceled if this number is not reached. A program reimbursement or credit will be issued. If a program is canceled because of unforeseen circumstances, you will be contacted as soon as possible, and a program credit or refund will be issued.

Closed Programs

If a program closes because we have reached maximum enrollment, your name will be put on a waiting list and you will be contacted if space becomes available.

Behavior

Participants who are physically or verbally abusive to themselves or others will be suspended from the program and participation in future programs will be limited.

Inclement Weather

If at all possible, TR staff will call your home if a program is canceled due to inclement weather. For further information, you may call the TR office for a recorded message.

Medication/Personal Needs

TR staff cannot administer medication. Participants must be able to meet their own personal needs and administer their own medication.

Groups

No more than two individuals from any one group residence may register for an activity that has limited slots available.

Other Policies

For safety reasons, no smoking will be permitted during TR sponsored activities. Alcohol consumption is forbidden during programs. Registration is not transferable. No participant substitutions will be allowed.

REGISTRATION POLICY

Registration will be accepted beginning on the date specified below. Registration is accepted in the following ways:

- **Registration is now online and will take place on Wednesday, January 5 beginning at 7:00pm. Staff will be in the office from 7:00 - 8:00pm if you have any questions.**
- Phone-in/fax registration will begin **Thursday, January 6** at 9:00am. No email registration accepted.
- Registrations received prior to the specified date & time will not be accepted.
- The fax machine is in a public area. It is highly recommended that you fax only during office hours.

Please visit our website to review our policies and procedures as well as information regarding the TR registration process.

TRANSPORTATION POLICY

This symbol is displayed by those programs listed for which transportation is available. All participants receiving rides from the TR Department to programs must abide by TR policies. The pickup times will be established one week before the start of each program. In order to maintain this schedule, all riders are expected to be at their "pick up" site at the time designated. The TR staff can wait at that location no more than 5 minutes after the time specified. Families/guardians are to be at the site at the time specified for "drop-off". Failure to abide by these terms more than twice per season, or misbehavior on the van, will result in loss of this privilege.



The TR staff reserves the right to change or cancel pickup/drop off points listed for each program depending on the number of individuals requesting rides to programs from that point. Notification will be made prior to the start of the program. Transportation is available on a first come, first served basis.

****No transportation is available within 5 miles of a program site. ****

The TR Department does not provide home pick-up.

TRANSPORTATION IS LIMITED ON OUR VANS AND WILL BE GRANTED ON A FIRST COME FIRST SERVE BASIS TO ENSURE SOCIAL DISTANCING. MASKS WILL BE REQUIRED WHILE RIDING THE VAN. NO EXCEPTIONS!

If you have any questions about these policies, or if you are scheduled for transportation but cannot attend the day's program or event, please call the TR office. 908-526-5650

Location: All Programs will be held at the
Camplain Road ATC
2320 Camplain Road, Hillsborough, NJ 08844
unless otherwise specified.

PICK-UP/DROP-OFF POINT
Please note transportation is only being offered to the north end of the county.



This symbol displayed next to programs indicates that transportation may be available from the location listed below.

Dewy Meadow Village Mall
403 King George Rd, Basking Ridge

Pick-up/Drop-off Policy

This policy applies to all programs offered by the department. Participants will be given one (1) warning per calendar year and allowed one (1) offense per year.

- Individuals dropped off early and picked up late at Park Headquarters for special programs and trips will be assessed a penalty of \$10.00 per fifteen (15) minutes after a (15) minute grace period.
- Individuals who are dropped off early and picked up late at designated transportation points will be assessed a penalty of \$10.00 per fifteen (15) minutes after the first five (5) minutes.
- Individuals who are dropped off directly at a program site may be dropped off no more than 5 minutes before the start of program. Those individuals dropped off early will be assessed a penalty fee of \$10.00 per (15) fifteen minutes. Individuals picked up late at a program site will be assessed the same penalty as stated in A.
- After the first offense, individuals will be charged a higher rate.
- Abuse of the policy will result in suspension from the program.

Different Person Pick-Up

If someone other than the parent/guardian or group home staff will be picking up a participant at the conclusion of the program, either at the program site or pick-up/drop-off point, advance written notification **MUST** be given to the TR staff.



COVID GUIDELINES

- Due to the uptick in covid cases programs have limited spaces.
- To limit exposure, we ask that you drop your participant off at the door where staff will be waiting to greet you. Participants will be brought outside at the end of the program.
- Equipment and supplies are regularly sanitized. The bathrooms are sanitized prior to the start of programs. Hand sanitizer is available.
- All individuals, regardless of vaccination status, must wear a mask when indoors. Mask breaks will be incorporated into the program.
- Individuals who are sick are asked to remain home. If someone comes to a program sick, family/staff will be called to pick up the individual immediately.
- Programs and transportation may change or be cancelled based on the Governor's executive orders or recommendations of the CDC.

MAGIC MARKER MASTERPIECES (98401)



Drawing with markers will offer you a range of brilliant color that surely will excite your creativity. Drawing with markers offers instant gratification. Join us for some fun.

Date: Tuesdays, January 18, 25
Time: 7:00 - 8:30pm
Fee: \$50.00



CHAIR FIT (98402)



Get your heart pumping in this action-packed fitness chair workout program.

Date: Wednesdays, January 19, 26
Time: 7:00 - 8:30pm
Fee: \$34.00



NEW YEAR NEW YOU! (98403)



It's that time of year, to make a new year's resolutions. Whether you want to try to exercise more, eat better, learn first aid, or work on your job skills for a new job in the new year, the new year is waiting for you.

Date: Thursdays, January 20, 27
February 3

Time: 7:00 - 8:30pm

Fee: \$39.00

MOVIE NIGHT (98404)



Who doesn't love watching movies? Grab a seat and a light snack while enjoying a movie with your peers.

Date: Friday, January 21

Time: 7:00 - 9:30pm

Fee: \$14.00

BREAKFAST FUN (98405)

Join us to make a healthy breakfast. We are sure to make something delicious for everyone to enjoy.

Date: Sunday, January 23

Time: 9:00 - 10:30am

Fee: \$24.00

MONDAY MUSIC CLUB (98406)



We will explore the world of music by interacting, singing, and creating sound with special guest John Fitzpatrick. No musical talent needed.

Date: Mondays, January 24, 31

Time: 7:00 - 8:30pm

Fee: \$50.00

PAINTING FUN (98407)



Dip your brush into a colorful palette and create one of a kind winter painting. No art experience needed.

Date: Tuesday, February 1

Time: 7:00 - 8:30pm

Fee: \$28.00



Adult Programs, ages 18 and older

INTRO TO SIGN LANGUAGE (98408)



We all communicate in different way. Learn a new skill while socializing with others as we practice a new way to communicate. No experience necessary.

Date: Wednesdays, February 2, 9

Time: 7:00 - 8:30pm

Fee: \$30.00

SOCIAL CLUB (98409)



Why stay at home and watch the same old boring shows on TV when you can hang out with us and have a great time with friends. A variety of activities are planned that are sure to chase away the winter chill.

Date: Friday, February 4

Time: 7:00 - 8:30pm

Fee: \$20.00

AN AFTERNOON AT THE MOVIES (98410)

Everyone had such a good time at this program we are offering it again! TR has rented the movie theater like last time and we hope you can join us for this fun afternoon out. We will watch a current movie out in theaters to be determined as it gets closer.

Date: Saturday, February 5

Time: 4:00 - 6:30pm

Location: Hillsborough Cinemas
111 Raider Blvd, Hillsborough

Fee: \$27.00

MONDAY MOVERS (98411)



Count reps for your friends as we try different fitness activities such as partner workout, Zumba, aerobics, and more.

Date: Mondays, February 7, 14, 28

Time: 7:00 - 8:30pm

Fee: \$55.00

TRASH TO TREASURES (98412)



One person's trash can turn into another person's treasure with a little bit bedazzling. You will be asked to contribute a few recyclables for each project that will be transformed into beautiful decorative items. Remember to reuse, reduce, and recycle.

Date: Tuesdays, February 8, 15

Time: 7:00 - 8:30pm

Fee: \$48.00

BE KIND

KITCHEN GADGETS (98413)



Did you ever walk into the kitchen and say what's that gadget for, or how did they make something? Well this is the program for you. We will go over all these fun kitchen gadgets and make a snack.

Date: Thursdays, February 10, 17, 24

Time: 7:00 - 8:30pm

Fee: \$60.00

BINGO BASH (98414)



Are you going to be the one to yell bingo first? Challenge your friends and pick your prize at this fun evening program. **You may only sign up for one session.**

Session I: Wednesday, February 16

Session II: Wednesday, February 23

Time: 7:00 - 8:30pm

Fee: \$20.00

ITALIAN NIGHT OUT (98415)

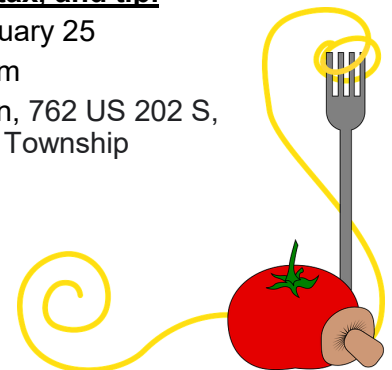
Who doesn't love Italian food? Gather around a big table for a night out with friends. We will head to Olive Garden in Bridgewater for a traditional Italian dinner. **Bring at least \$35.00 for your meal, beverage, dessert, tax, and tip.**

Date: Friday, February 25

Time: 7:00 - 9:00pm

Location: Olive Garden, 762 US 202 S,
Bridgewater Township

Fee: \$17.00



JANUARY

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Painting Fun	2 Into to Sign Language	3 New Year New You	4 Social Club	5 An Afternoon at the Movies
6	7 Monday Movers	8 Trash to Treasure	9 Into to Sign Language	10 Kitchen Gadgets	11 Holiday	12
13	14 Monday Movers	15 Trash to Treasure	16 Bingo Bash I	17 Kitchen Gadgets	18	19
20	21 Holiday	22	23 Bingo Bash II	24 Kitchen Gadgets	25 Italian Night Out	26
27	28 Monday Movers					