

SOMERSET COUNTY PARK COMMISSION

Therapeutic Recreation

Fall Young Adult & Adult Programs 2018



Therapeutic Recreation Department
P.O. Box 5327
North Branch, NJ 08876

TO:

Please call 908 526-5650 if you would like your name taken off our mailing list.



Somerset County
Park Commission

Therapeutic Recreation Department

P.O. Box 5327, North Branch, NJ 08876 ❖ Tel. 908 526-5650; Fax 908 429-5508
TTY users, please use the Relay Service @ 711 ❖ www.somersetcountyparks.org

Dina Trunzo, CTRS, Manager
Gwen Leubner, Program Coordinator
Lisa Kazman, Program Coordinator

2018 Fall Young Adult & Adult Programs
Office Hours: Monday through Friday 8:00 am to 4:30 pm

Therapeutic Recreation (TR) is a cooperative effort between the Somerset County Park Commission and the following participating municipalities:

Bedminster	Manville
Bernards Township	Montgomery
Bernardsville	North Plainfield
Bound Brook	Raritan
Branchburg	Somerville
Bridgewater	South Bound Brook
Green Brook	Warren
Hillsborough	Watchung

TR provides year round recreation programs to children and adults with developmental disabilities residing in participating municipalities. We encourage your input and suggestions. Not sure which program to register for? Please call the TR office. We are here to help you recreate!

POLICIES

Annual Information Form/Release & Waiver Form

In an effort to maintain current personal information about each participant, everyone must complete an annual information form. You are asked to complete it fully and return it to the TR office. Once each year, in January, we will ask you to update the form, and whenever you have new information (such as a new doctor or a change in medication) or have a change in medical status, we ask that you notify us immediately. Additionally, a current Release, Waiver and Participation Agreement Form must be on file.

Financial Assistance

Through the Somerset County Park Foundation, a scholarship/financial aid fund has been created for individuals who cannot pay the entire amount due for a program. To request assistance contact the TR Department to find out more information regarding this procedure and requirements. Minimum contribution will be required.

Payment Policy

All program fees are due when registration is submitted. If necessary, please discuss a possible payment schedule with the TR office. Failure to pay these fees can result in suspension from programs during a season. The participant and/or guardian is responsible for paying the entire program fee regardless of the participant's attendance. **A fee may be charged for all returned checks.**

Refund Request

The Somerset County Park Commission will refund registration fees due to illness, injury, or other extenuating circumstances which makes participation in the program impossible, providing that prior to the start of the program notification is given to the TR Department. Furthermore, if we find the program requirements are not commensurate with the abilities of the registrant, a refund for the program will be given. Refunds will be prorated in accordance with the number of sessions/classes attended and supplies/tickets already purchased. Refunds for other reasons may be granted if the program has not yet begun and another program registrant enrolls. No refunds for absences.

Canceled Programs

A minimum number of participants is required for each program. A program may be canceled if this number is not reached. A program reimbursement or credit will be issued. If a program is canceled because of unforeseen circumstances, you will be contacted as soon as possible and a program credit or refund will be issued.

Closed Programs

If a program closes because we have reached maximum enrollment, your name will be put on a waiting list and you will be contacted if space becomes available.

Behavior

Participants who are physically or verbally abusive to themselves or others will be suspended from the program and participation in future programs will be limited.

Inclement Weather

If at all possible, TR staff will call your home if a program is canceled due to inclement weather. For further information, you may call the TR office for a recorded message.

Medication/Personal Needs

TR staff cannot administer medication. Participants must be able to meet their own personal needs and administer their own medication.

Groups

No more than two individuals from any one group residence may register for an activity that has limited slots available.

Other Policies

For safety reasons, no smoking will be permitted during TR sponsored activities. Alcohol consumption is forbidden during programs. **Registration is not transferable. No participant substitutions will be allowed.**

REGISTRATION POLICY

Registration will be accepted beginning on the date specified below and on the registration form. Registration is accepted in the following ways:

- In person registration will be accepted on Saturday, September 15, 2018 between the hours of **9:00 am - 10:00 am** at North Branch Park. Doors open a 1/2 hour before.
- Phone-in/fax registration, if paying by credit card, will be accepted as of Monday, September 17, 2018 between the hours of 8:30 am - 4:30 pm at North Branch Park
- By mail as of September 17
- No email registration accepted.

The fax machine is in a public area. It is highly recommended that you fax only during office hours.

Participants not living in a group home residence, may register one other participant at time of registration.

Registrations received prior to the specified date & time will not be accepted.

Please visit our website to review our policies and procedures as well as information regarding the TR registration process.

TRANSPORTATION POLICY



This symbol is displayed by those programs listed for which transportation is available. All participants receiving rides from the TR Department to programs must abide by TR policies. The pickup times will be established one week before the start of each program. In order to maintain this schedule, all riders are expected to be at their "pick up" site at the time designated. The TR staff can wait at that location no more than 5 minutes after the time specified. Families/guardians are to be at the site at the time specified for "drop-off". Failure to abide by these terms more than twice per season, or misbehavior on the van, will result in loss of this privilege.

The TR staff reserves the right to change or cancel pickup/drop off points listed for each program depending on the number of individuals requesting rides to programs from that point. Notification will be made prior to the start of the program. Transportation is available on a first come, first served basis.

****No transportation is available within 5 miles of a program site.****

The TR Department does not provide home pick-up.

If you have any questions about these policies, or if you are scheduled for transportation but cannot attend the day's program or event, please call the TR office.

Location: All Programs held at North Branch Park - TR Activity Center, Milltown Road, Bridgewater, unless otherwise noted.

PICK-UP/DROP-OFF POINTS

Each of the following pick-up points has a letter code next to it. Please indicate which pick-up point you will be using for each program where transportation is available.



This symbol displayed next to programs indicates that transportation may be available from each of the locations listed below.

- A.** Bardy Farms, Kings
Warrenville Road, Warren
- B.** Lyons Mall
South Finley Avenue, Basking Ridge
- C.** Nelsons Corner Shopping Center
Rte. 206 & Amwell Rd, Hillsborough

Pick-up/Drop-off Policy

This policy applies to all programs offered by the department. Participants will be given one (1) warning per calendar year and allowed one (1) offense per year.

- A.** Individuals dropped off early and picked up late at Park Headquarters for special programs and trips will be assessed a penalty of \$10.00 per fifteen (15) minutes after a (15) minute grace period.
- B.** Individuals who are dropped off early and picked up late at designated transportation points will be assessed a penalty of \$10.00 per fifteen (15) minutes after the first five (5) minutes.
- C.** Individuals who are dropped off directly at a program site may be dropped off no more than 5 minutes before the start of program. Those individuals dropped off early will be assessed a penalty fee of \$10.00 per (15) fifteen minutes. Individuals picked up late at a program site will be assessed the same penalty as stated in A.
- D.** After the first offense, individuals will be charged a higher rate.
- E.** Abuse of the policy will result in suspension from the program.

Different Person Pick-Up

If someone other than the parent/guardian or group home staff will be picking up a participant at the conclusion of the program, either at the program site or pick-up/drop-off point, advance written notification **MUST** be given to the TR staff.

Young Adult Programs ages 18-30

All Programs held at North Branch Park - TR Activity Center unless otherwise noted.

MOVIE NIGHT



It's a great night out when you spend it with friends catching the latest flick. Lite snacks will be served. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Fridays, October 12; November 9
Time: 7:00 – 9:30 pm
Fee: \$20.00

WATER WARRIORS



In this program we bring exercise into the pool. Learn to do a full body workout while using the water as resistance. Each week will offer new and exciting water exercises. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Mondays, September 24; October 1, 15, 22
Location: Hunterdon Health & Wellness Center
Route 22, Whitehouse Station NJ
Time: 6:45-8:30 pm
Fee: \$50.00

SQUARE DANCING



Hey all you country folk, get ready to swing your partner and circle left. With a professional caller you will learn steps to many square dance favorites. This program is also open to adults.

Open to: Young adults ages 18 - 30
Date: Wednesdays, September 26;
October 3, 10, 17, 24, 31
Time: 7:00-8:30 pm
Fee: \$60.00

PUMPKIN PALOOZA



The air is crisp and the leaves are changing! You know what that means... its fall and pumpkins are not just for Halloween. We will explore a variety of ways to use pumpkins from crafts to cooking and more.

Open to: Young adults ages 18 - 30
Date: Thursdays, October 11, 18, 25
Time: 7:15 – 8:45 pm
Fee: \$42.00

CRAFTS GALORE



The holidays are fast approaching and this is your opportunity to make festive items to decorate your home or give to family and friends. From Halloween to Thanksgiving, you will take home colorful creations. This program is also open to teens.

Open to: Young adults ages 18 - 30
Date: Tuesdays, October 16, 23, 30
Time: 7:00 – 8:30 pm
Fee: \$39.00

GAME SHOW MANIA



If you want to have a blast learning new and exciting games, then run don't walk to the TR Activity Center. In this game show centered program you will join your friends to take on the challenge of having fun! This program is also open to adults.

Open to: Young adults ages 18 - 30
Date: Thursdays, November, 1, 8, 15
Time: 7:15 - 8:45 pm
Fee: \$36.00

APPLELICIOUS



Learn to make a variety of yummy treats using one of nature's favorite treasures the APPLE! This program is also open to teens.

Open to: Young adults ages 18 - 30
Date: Wednesdays, November 7, 14, 21
Time: 7:15-8:45 pm
Fee: \$42.00

POPPING WITH PILLSBURY



Come join us for a popping good time and try your hand at Pillsbury magic! We will make a variety of recipes using Pillsbury products.

Open to: Young adults ages 18 - 30
Date: Tuesdays, November 13, 20, 27;
December 4
Time: 7:00 - 9:00 pm
Fee: \$46.00

FITNESS FRENZY



Come join us for a jam packed fitness adventure. Wear comfortable clothing, sneakers and bring an exercise mat and water to program each week. This program is also open to adults.

Open to: Young adults ages 18 - 30
Date: Mondays, November 19, 26;
December 3, 10, 17
Time: 7:00 - 8:30 pm
Fee: \$40.00

DINING OUT



Dining at a different restaurant each week, you will have the opportunity to try something new and delicious. Bring at least \$30.00 each week for your meal, dessert, beverage, tax, and tip. Additional information will be emailed upon registration. New this season we are offering 2 sessions. Please mark on the registration form which one session you would like.

Open to: Young adults ages 18 - 30
Dates: Dining Out I Mondays, October 29;
November 5
Dining Out II Tuesdays, December 11, 18
Time: 6:30 – 8:30 pm
Fee: \$34.00

Young Adult Programs - ages 18-30

A separate payment is required for these young adult programs.

SOCIAL CLUB



Socializing with friends makes Friday nights a blast. Activities will include cooking with a professional chef, a night with an entertainer, and a board game challenge. Get ready to have fun!

Open to: Young adults ages 18 - 30
Date: Fridays, October 5; November 2;
December 7
Time: 7:00 – 9:00 pm
Fee: \$54.00



TGIF

You will have a great time hanging out with friends while participating in a variety of fun outings. This season we will head to Gone Paintin', bowling, and the movies. It will be necessary to bring extra money for some activities. Additional information will be emailed upon registration. The group will meet each week at the TR Activity Center. This program is also open to teens.

Open to: Young adults ages 18 - 30
Date: Fridays, October 19; November 16;
December 14
Time: 6:30 – 8:30 pm
Fee: \$45.00

Adult Programs - ages 31 and older

All Programs held at North Branch Park - TR Activity Center unless otherwise noted.

MOVIE NIGHT



Lights, camera, action. Get together with friends to catch a great flick. Lite snacks will be served. This program is also open to young adults.

Open to: Adults 31 and older
Date: Fridays, October 12; November 9
Time: 7:00 – 9:30 pm
Fee: \$20.00

WATER WARRIORS



In this program we bring exercise into the pool. Learn to do a full body workout while using the water as resistance. Each week will offer new and exciting water exercises. This program is also open to young adults.

Open to: Adults 31 and older
Date: Mondays, September 24; October 1, 15, 22
Location: Hunterdon Health & Wellness Center
Route 22, Whitehouse Station NJ
Time: 6:45-8:30 pm
Fee: \$50.00

FAB FALL FOODS



It's the time of year for apples and pumpkins and tempting treats. Get into the fall spirit with baking seasonal treats for you to share with family and friends.

Open to: Adults 31 and older
Date: Tuesdays, September 25; October 2, 9
Time: 7:00 - 9:00 pm
Fee: \$42.00

SQUARE DANCING



Hey all you country folk, get ready to swing your partner and circle left. With a professional caller you will learn steps to many square dance favorites. This program is also open to young adults.

Open to: Adults 31 and older
Date: Wednesdays, September 26;
October 3, 10, 17, 24, 31
Time: 7:00 - 8:30 pm
Fee: \$60.00

DINING OUT



Dining at a different restaurant each week, you will have the opportunity to try something new and delicious. Bring at least \$30.00 each week for your meal, dessert, beverage, tax, and tip. Additional information will be emailed upon registration.

Open to: Adults 31 and older
Date: Thursdays, September 27;
October 4
Time: 6:30-8:30 pm
Fee: \$33.00

GAME SHOW MANIA



If you want to have a blast learning new and exciting games, then run don't walk to the TR Activity Center. In this game show centered program you will join your friends to take on the challenge of having fun! This program is also open to young adults.

Open to: Adults 31 and older
Date: Thursdays, November, 1, 8, 15
Time: 7:15 - 8:45 pm
Fee: \$36.00

Adult Programs - ages 31 and older

FITNESS FRENZY



Join us for a jam packed fitness adventure. Wear comfortable clothing, sneakers and bring an exercise mat and water to program each week. This program is also open to young adults.

Open to: Adults 31 and older
Date: Mondays, November 19, 26;
December 3, 10, 17
Time: 7:00 - 8:30 pm
Fee: \$40.00

FAUX FLORAL CRAFTS



Make a variety of crafts using colorful winter fake flowers. Each week will be spent making a new craft to enjoy year after year.

Open to: Adults 31 and older
Date: Wednesdays, November 28;
December 5, 12, 19
Time: 7:00 - 8:30 pm
Fee: \$50.00

HOLIDAY TREATS



Gather round the kitchen as we try our hand at yummy holiday treats. Each week we will tempt your taste buds with something new.

Open to: Adults 31 and older
Date: Thursdays, November 29; December 6, 13, 20
Time: 7:00 - 8:30 pm
Fee: \$50.00



Specials - ages 18 and older

FALL FROLIC

Climb aboard as we take a ride on The Great Pumpkin Train in Phillipsburg, NJ. Everyone will receive a pumpkin on this trip as we explore the Delaware Valley. The trip will also include lunch at local pizza place. Bring at least \$20.00 for lunch. More information will be emailed upon registration.

Open to: Adults 18 and older
Date: Saturday, October 20
Time: Van departs the TR Activity Center at 11:45 am and returns at a time TBD
Fee: \$30.00

HALLOWEEN PUTT PUTT GOLF

A fun night out to celebrate Halloween in style. Come dressed as your favorite and enjoy this evening playing Putt Putt with friends.

Open to: Adults 18 and older
Date: Friday, October 26
Location: Colonial Park Putting Course, Franklin Township
Time: Van departs the TR Activity Center at 6:30 pm and returns at 9:00 pm
Fee: \$12.00

WIZARD OF OZ

Follow the yellow brick road in an old time classic. Come spend a day with friends as we head to the Mayo Performing Arts Center in Morristown, NJ to see a magical performance. More information will be emailed upon registration.

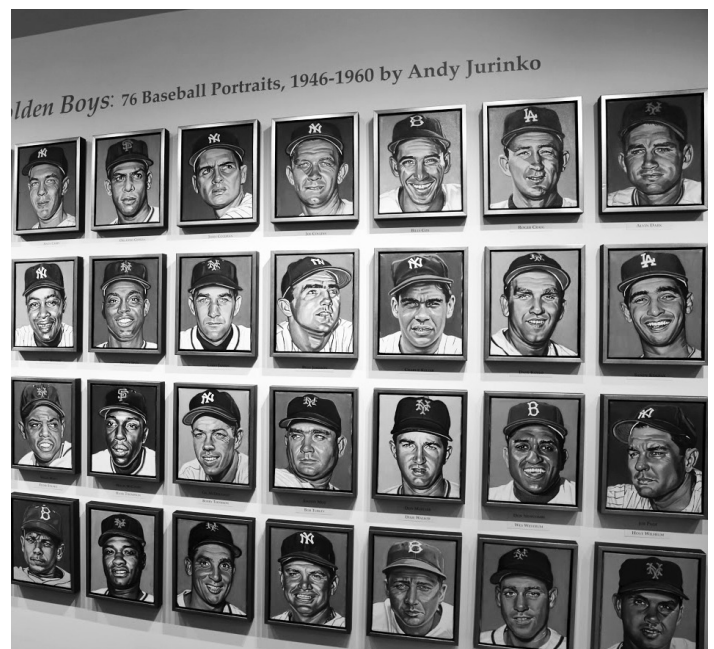
Open to: Adults 18 and older
Date: Saturday, November 3
Time: Van departs the TR Activity Center at 11:45 am and returns at a time TBD
Fee: \$70.00

Must send separate payment

YOGI BERRA MUSEUM

"When you come to a fork in the road, take it", Yogi Berra. Take a trip back in the time to learn about one of the most famous past time players. We will visit the Yogi Berra Museum in Montclair, NJ for a tour and activity with friends. The day will also include lunch before our tour. Bring at least \$25.00 for lunch. More information will be emailed after registration.

Open to: Adults 18 and older
Date: Saturday, November 10
Time: Van will depart the TR Activity Center at 11:45 am and returns at 5:00 pm
Fee: \$25.00



2018 Fall Program Schedule

YA (ages 18-30) A (ages 31 and older)

September

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
2	3 Holiday	4	5	6	7	8
9	10	11	12	13	14	15 Registra- tion
16	17	18	19	20	21	22
23	24 YA/A Water Warriors	25 A Fab Fall Foods	26 YA/A Square Dancing	27 A Dining Out	28 YA/A Weekend Getaway	29 YA/A Weekend Getaway
30 YA/A Weekend Getaway						

October

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	1 YA/A Water Warriors	2 A Fab Fall Foods	3 YA/A Square Dancing	4 A Dining Out	5 YA Social Club	6
7	8 Holiday	9 A Fab Fall Foods	10 YA/A Square Dancing	11 YA Pumpkin Palooza	12 YA/A Movie Night	13
14	15 YA/A Water Warriors	16 YA Crafts Galore	17 YA/A Square Dancing	18 YA Pumpkin Palooza	19 YA TGIF	20 YA/A Fall Frolic
21	22 YA/A Water Warriors	23 YA Crafts Galore	24 YA/A Square Dancing	25 YA Pumpkin Palooza	26 YA/A Halloween Putt Putt	27
28	29 YA Dining Out I	30 YA Crafts Galore	31 YA/A Square Dancing			

November

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
				1 YA/A Game Show Mania	2 YA Social Club	3 YA/A Wizard of Oz
4	5 YA Dining Out I	6 Holiday	7 YA Apple- licious	8 YA/A Game Show Mania	9 YA/A Movie Night	10 YA/A Yogi Berra Museum
11	12 Holiday	13 YA Popping w/ Pillsbury	14 YA Apple- licious	15 YA/A Game Show Mania	16 YA TGIF	17
18	19 YA/A Fitness Frenzy	20 YA Popping w/ Pillsbury	21 YA Apple- licious	22 Holiday	23 Holiday	24
25	26 YA/A Fitness Frenzy	27 YA Popping w/ Pillsbury	28 A Faux Floral Crafts	29 YA/A Holiday Treats	30	

December

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
						1 Pictures with Santa
2	3 YA/A Fitness Frenzy	4 YA Popping w/ Pillsbury	5 A Faux Floral Crafts	6 A Holiday Treats	7 YA Social Club	8
9	10 YA/A Fitness Frenzy	11 YA Dining Out II	12 A Faux Floral Crafts	13 A Holiday Treats	14 YA TGIF	15
16	17 YA/A Fitness Frenzy	18 YA Dining Out II	19 A Faux Floral Crafts	20 A Holiday Treats	21	22
23	24 Holiday	25 Holiday	26	27	28	29
30	31					

2018 FALL REGISTRATION

Participant's Name _____ Age _____

Address _____ Zip _____

Municipality _____ Home Phone _____

Disability _____ Email _____

Registration will be taken on a FIRST-COME, FIRST-SERVED BASIS. Class size is limited to ensure a pleasurable experience for all.

****** No transportation is available within 5 miles of a program site ******

Registration will be accepted on Saturday, September 15, 2018

Walk in only at North Branch Park, Milltown Rd., Bridgewater

As of Monday, September 17, 2018, we will accept registration by phone, fax, walk-in or mail during office hours. No email registrations accepted. See page 2 for more details.

If applying for financial aid, please submit a \$5.00 deposit per program. If paying by Credit Card please complete the following:

Card #: _____ Exp. Date: _____

Signature: _____ CVV2 _____
(Security Code)

First six program choices, if space available

Program	Pick-up point (A, B, C)	Fee	For Office Use
1.			
2.			
3.			
4.			
5.			
6.			

Specials - If paying by check, please send a check separate from above TR programs. No credit balances accepted.

Pick two specials, if space available

Special	Fee
1.	
2.	

PLEASE MAKE CHECKS PAYABLE TO:

**SOMERSET COUNTY PARK COMMISSION - TR
P.O. BOX 5327, NORTH BRANCH, NJ 08876**