

Winter 2019 New and Special Classes



256 South Maple Avenue, Basking Ridge, NJ 07920 • 908 766-5955 • www.somersetcountyparks.org



***Please note:** All riders must fill out new waivers and health forms and be weighed for the new year. Riders will be weighed on the first day of class.*



NON-PERFORMING DRILL

Mondays 6:30pm for Int 1/C-1 and higher and Wednesdays 7:30pm for Int 2/C-2 and higher levels

Riders will expand their riding skills and have fun riding in pairs and/or riding drill patterns in sync with other riders. This class is the perfect practice opportunity for riders hoping to join one of the 2019 competitive drill teams.

JR NON-PERFORMING DRILL

Tuesdays 5:30pm for C-1 and higher levels

Dreaming of the day when you'll be invited to be a member of the Junior Drill Team? Or of forming a competitive drill team when you are C-2 or higher? Start practicing for that day now by signing up for this class. Participants will increase their riding skills and have fun riding drill patterns to music in sync with other riders.

EQUITATION ON THE FLAT

Mondays 7:30pm for Intermediate 3/C-3 and higher levels

The focus of this class will be on the rider's position and ability to ride correctly and with effective aids. Each student will work on having an independent seat, a secure leg position, and a strong foundation. Emphasis will be placed on the use of invisible aids.

WEEKLY TRAIL

Tuesdays 7:30am and Wednesdays 1pm for C-1/Intermediate 1 and higher levels

Registration for this class will be online. Riders will sign up for each week individually *until 9am the day before the ride*. A minimum of four riders is required for the ride to go. Registered riders will be notified through email the day before if the class that week is cancelled due to the weather or low enrollment.

MUSICAL RIDE

Tuesdays 10am and Thursdays 7:30pm for C-1/Intermediate 1 and higher levels

This special class will focus on riding to music. Riders will learn how to choose appropriate music, coordinate movements, and then practice the routine they develop.



If you have individualized needs due to a disability, please call 908-526-5650 and we will be happy to arrange reasonable modifications. Three weeks notice is required to ensure that appropriate modification can be provided.

Somerset County Park Commission Lord Stirling Stable

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SPECIAL GUEST INSTRUCTOR

Tuesdays 7:30pm

More information will be forthcoming.....

PAIRS CLASS

Tuesdays 7:30pm for Intermediate 3/C-3 and higher levels

Start preparing for the Family Fun Day Pairs Class! Riders will have the opportunity to work on rating their horses, timing transitions, and pattern precision while riding next to a partner of their choice. Riders will walk, trot, and canter side by side. Sign-up is individual but riders will be given a space to input their requested partner (make certain he or she registers, too!).

LOOKING FOR HARMONY WITH YOUR HORSE

Wednesdays 10:00am for Intermediate 1 and higher levels

This is a Walk/Trot class designed to help develop better balance and oneness with the horse.

EQUITATION OVER FENCES

Wednesdays 6:30pm for Advanced Intermediate 2/A and higher levels

The focus of this class will be on the rider's position and ability to ride correctly over fences. Riders will work on the use of their aids as well as the timing, approach, and striding to the jumps.



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“JUMPING” ON THE FLAT & GYMNASTICS

Thursdays at 10am for Advanced Intermediate 1 and higher levels

Fridays 4:30pm for B and higher levels

This class is a combination of “Jumping” on the Flat and Equine Gymnastics. Please refer to the descriptions of those classes.

HORSE CARE 101

Thursdays 6:30-8:30pm and Saturdays 1-3pm for all levels

In “101,” participants will learn the basics of horse care including the proper way to safely handle a horse, groom, and tack up. The parts of the horse, saddle, and bridle are discussed, in addition to horse breeds, colors, and basic horse care. There is no riding involved in this class. **“102” and “103” topics will build on what was covered in “101.”** Cost is \$60 in-county, \$90 out-of-county.

EQUINE GYMNASTICS

Thursdays 7:30pm for Advanced Intermediate 1/B and higher levels

Gymnastics helps develop balance and symmetry in our horses, as well as rider balance. Gymnastic exercises with poles and patterns will help horses and riders improve flexibility, rhythm, and intent.

THE RETURNING RIDER

Fridays 9:00am for Beginner 3 and higher levels (1½ hour class)

This is tailored to the rider who is getting back into riding or wants to overcome an obstacle that has been in her/his way. The class will focus on individual challenges for each rider.

BASICS OF DRESSAGE

Fridays 10:30am for C-1/Intermediate 1 and higher levels (1½ hour class)

This class is not only for a rider who is “new” to dressage but also for more accomplished riders who would like to review the basics to sharpen their dressage skills. Riders will work on producing relaxed, forward moving horses that bend into the corners and are responsive to lateral aids. The class will focus on correct rider position and correct use of aids.



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WESTERN PATTERNS CLASS

Fridays 6:30pm for riders who have been given advance permission to register for the class.

Western Patterns is a FUN class where riders concentrate on patterns/moves that might include rein backs, simple lead changes, circles, turns on the forehand, and others that are done at a halt, walk, jog, or lope. It is a Western Advanced Flat class.

INTRO TO WESTERN

Fridays 7:30pm for Intermediate 2/C2 and higher levels

For riders who are looking to learn Western riding and participate in our other Western classes. The class will concentrate on proper leg, seat, hand position, and neck reining.

“JUMPING” ON THE FLAT

Fridays 7:30pm for Advanced Intermediate/B and higher levels

This class will improve riders' jumping ability and skill. Courses will be built with ground poles and low cavaletti. This class will:

- Improve riders' sense of distance and timing
- Focus on rhythm, pace, and balancing the horse
- Assist riders to attain a following and elastic seat and hands
- Strengthen and correct riders' two point position
- Work on counting strides off of turns and into lines
- Teach a more efficient use of half halts, engaging the hindquarters, and getting the horse off of the forehand

EQUINE ART

Saturdays 1:30 – 3:00pm

The winter turnout schedule will allow our class ready access to the horses for photography because they are outside during the day. We'll take advantage of their availability to capture them at liberty, just “being horses” at home. During the 5-week session, we will address:

- Camera choices
- Lighting (ISO)
- Composition
- Computer editing

The session will culminate with a Photography Show on the large screen television in the office. You'll share some of your best photos in the “Gallery”! Cost \$50.



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