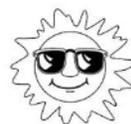




Somerset County Park Commission Lord Stirling Stable



# Summer 2019 Special & Unique Classes

(These classes offer more advanced junior and adult riders a chance to expand or broaden their riding skills in specific areas or just to ride for pleasure. With the exception of the classes marked with a \*, these are not classes in which a rider can advance to the next level.)

256 South Maple Avenue, Basking Ridge, NJ 07920 • 908 766-5955 • [www.somersetcountyparks.org](http://www.somersetcountyparks.org)



## WESTERN CLASSES

### INTRO TO WESTERN

**Mondays 8:30pm for Intermediate 2/C-2 and higher levels**

This class is for riders who are looking to learn Western riding and participate in our other Western classes. The class will concentrate on neck reining, western equitation and aids.

### GAMES WESTERN (OR ENGLISH)

**Mondays 6:30pm for Western Pass Holders (English riders Intermediate 2/C-2 and higher levels without a Western Pass must register through the office)**

Games will include barrel races, key hole races, pole bending and other gymkhana activities. Riders will learn and sharpen their equestrian skills in a fun non competitive environment.

### WESTERN TRAIL

**Mondays 7:30pm for Western Pass Holders**

This is a trail class for those riders who have a Western Pass.



## JUMPING RELATED CLASSES



### INTRODUCING A HORSE TO JUMPING\*

**Mondays and Thursdays 8:30pm for Adv 1/BB and higher riders with a Schooling Pass**

Both junior and adult riders will work with horses who have done relatively little jumping. The riders will use their skills to help the horses gain experience over fences, improving their steadiness and confidence. The amount of jumping will be tailored to the horses and their individual educational needs. **At the end of the 2019 spring session, a Schooling Pass will be given to those riders whom the instructors determine have the necessary skills and experience to register for this class.**

*If you have individualized needs due to a disability, please call 908 526-5650 and we will be happy to arrange reasonable modifications. Three weeks notice is required to ensure that appropriate modifications can be provided.*

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## JUMPING AROUND\*

**Wednesdays 7:30am for Advanced 1 – 4/BB-AAAA**

This over fences class will provide riders an opportunity to jump in a variety of settings – the indoor area, the outdoor jump ring and the cross-country field. The location chosen each week will depend upon the weather, footing, and the horses and riders in the class.

## CROSS COUNTRY\*

**Wednesdays & Thursdays 6:30pm, Saturdays 9am for Advanced 1 – 4/BB-AAAA**

Fun in the Jumping Field! With a variety of jumps and lots of space, horses and riders will have the opportunity to enjoy riding and jumping cross country type fences.



## SPECIAL TRAIL CLASSES

### WEEKLY TRAILS

**Friday 6:30pm (three options)**

Registration will be online. Riders will sign up for each week individually up until 9am the day before the ride. A minimum of four riders is required for each ride to go. Riders (who have signed up) will be notified through email the day before if the class that week is cancelled due to the weather or low enrollment. Regular lesson fees apply. The Friday 6:30pm trails are as follows: English Walk/Trot for riders Beg. 3/D-3 and higher, English W/T/C (footing permitting) for riders Int. 3/C-3 and higher, and a Western trail for those riders with Western Passes.

### TRAIL ETIQUETTE (Must complete in order to qualify for a Trail Card) AND WEEKLY TRAIL

**Tuesdays 6:30pm for Advanced Intermediate 1/B and higher levels**

Anyone wishing to obtain a trail card must first successfully complete a five week trail etiquette class. The instructor will then decide if the rider is ready to receive a trail card along with their advancement class instructor. This class will cover proper trail riding manners, tips, and techniques for an enjoyable trail ride. To meet trail card eligibility, riders must sign up and ride for at least five of the ten weeks.. Riders must be at least AI2 Level to be given a Trail Card. **This class is also a Weekly Trail for riders not working toward a Trail Card. Riders will sign up for each week individually up until 9am the day before the ride.**

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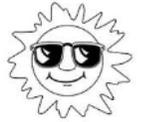
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### OTHER SPECIAL INTEREST CLASSES

#### **“BARE ESSENTIALS” AND HARMONY**

**Wednesday 10am and Saturday 9am for Intermediate 2/C-2 and higher levels**

Experience the thrills of riding bareback in this special class designed to improve rider balance and feel of the horse’s gaits. Develop that Zen-like connection with your horse. Approximately twenty minutes will be spent warming up under saddle. Riders will then unsaddle and ride bareback for the remainder of the class. Horses used for the class will be C2/I2 through C3/I3 level, although riders eligible for the class are C2/I2 and higher. **Riders may also elect to ride the entire class without removing the saddle.**

#### **“TAKE IT EASY” WITH YOGA ON HORSEBACK**

**Wednesdays 7:30pm for Beginner 3/D-3 and higher levels**

Is nervousness taking the pleasure out of your riding? Replace your fear with knowledge. This class will concentrate on building confidence – emotionally and physically. Yoga exercises before mounting and on horseback will help stretch and relax joints and muscles with the aim of being able to move more freely and relax with your horse. Personal attention will be taken to assign riders to one or two horses for the session so each rider can work on building a sense of comfort and confidence. Come and relax and have fun!

#### **THE RETURNING RIDER**

**Fridays 7:30am for Beginner 3 and higher levels – 1½ hours**

This class is for riders who are getting back into riding after an absence or want to overcome an obstacle that has been in their way. The class will focus on individual challenges for each rider.

#### **MUSICAL RIDE**

**Fridays 9:00am for Intermediate 1/C-1 & higher levels**

This special class will focus on riding to music. Riders will learn how to choose appropriate music, coordinate movements, and then practice the routine they have developed.

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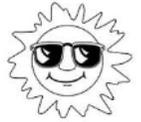
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**GUEST INSTRUCTOR - To Be Announced**  
**Fridays 6:30pm**

### **“GROOMING WORKSHOP”**

**Tuesday 6:00pm – all levels**

Taking place in our new “horse spa,” this is a non-riding, hands-on class for any rider or non rider who loves to groom. It is a ideal class to relax or to relieve stress after a long day of school or work. Each class will include demonstrations and instruction with time left to groom and practice. This is an excellent opportunity to learn and to spend time bonding with the horses! All levels are welcome. Cost is \$50 for five weeks.

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