Time to turn off those video games and computers! Disconnect from electronics and let **nature** reconnect you to your **wild** side! **Challenge** yourself to an unforgettable adventure! Meet new **friends** or bring the old. No matter who joins you, two Environmental Education Center Naturalists are sure to teach you how to crank up the **fun** factor! No experience is necessary; all you need is a will for **adventure**!

Equipment for Xtreme activities is provided on all trips! Lunches are not included on any trips. Participants are expected to pack a lunch and snacks that can be carried in their own backpack. A few extra dollars are always welcome in case there is time for an ice cream stop.

Sign up for select trips individually or for all seven trips!

Registration: Registration begins 9am on May 17, 2017 in person or online at www.somersetcountyparks.org. Phone and mail registrations begin at 11am.

Payment/Cancellation Policy:
A full non-refundable payment is due at the time of registration. If you find it necessary to cancel your trip, please notify the Environmental Education Center as soon as possible.

Enrollment: Space is limited and will fill on a first come, first serve basis.

For more information please contact
Ben Barkley Naturalist
at 908-766-2489 ext. 326,
or bbarkley@scparks.org

This brochure is printed on 100% recycled paper. Please do your part and recycle when finished.

The Environmental Education Center welcomes everyone to participate in its programs. If you have individualized needs due to a disability, please call 908 766-2489 ext. 0 and we will be happy to arrange reasonable accommodations. Three weeks notice is required to ensure that appropriate accommodations can be provided.

Xtreme Adventure

Ages 13-16

Summer 2017

White Water Rafting

Hike & Swim

Sedge Island Overnight

Rock Climb

Waterfalls

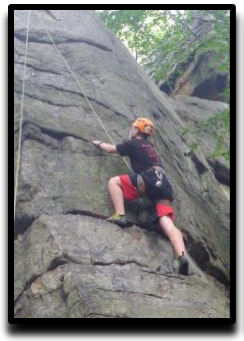
Kayak

Stand Up Paddling

Are you Xtreme?

Environmental Education Center
190 Lord Stirling Road
Basking Ridge, NJ 07920
908-766-2489

Somerset County Park Commission



Stand Up Paddling
Meet a professional at Spruce Run Reservoir for a proper lesson and guided excursion. Take in the scenic views while learning all you can about this fast-growing sport. Stay cool by spending the whole day paddling, splashing, and falling into the water!
$150 per student
Course Code: 50103
EEC-55 Wednesday, June 28
8:00am-5:30pm

White Water Rafting
We're kicking up the "xtreme" factor a notch for some class II+ bigtime whitewater fun! Bring along mom or dad (no more than 2 teens per parent) to share the thrills and chills with! We will raft the challenging and beautiful gorge section of the Lehigh River – spending 5 hours on the water, actively paddling. A quick "grab-n-go" dinner stop is planned for on the way home.
$300 per pair/$150 per additional teen
Course Code: 50103
EEC-56 Saturday, July 8
8:00am-8:30pm

Waterfalls
Explore various hiking trails that will lead you to hidden waterfalls. Photograph, admire, and wade your way in for a swim! Enjoy the day in the woods and water!
$50 per student
Course Code: 50103
EEC-57 Wednesday, July 12
8:00am-5:30pm

Hike and Swim
Hike a section of the most famous trail on the east coast, the Appalachian Trail! Walk in the footsteps of numerous famous hikers while learning the proper technique for following trail markers. Be rewarded with a cool, refreshing swim at Crater Lake, a glacial lake at the top of the Kittatinny Ridge located in the Delaware Water Gap National Recreation Area.
$50 per student
Course Code: 50103
EEC-58 Wednesday, July 19
8:00am-5:30pm

Kayak
Travel to the New Jersey Pine Barrens and learn how to wet exit a kayak. Discover the proper kayak strokes, and put your skills to the test! While paddling, keep an eye out for wildlife and enjoy the scenery along the waterway! We will be sure to stop for a picnic lunch and swim!
$75 per student
Course Code: 50103
EEC-59 Wednesday, July 26
7:00am-6:00pm

Rock Climb
Hit the road early and head to the famous Shawangunks, also known as "The Gunks", in the Catskill Mountain Range. Meet a licensed climbing guide and hike a short distance to the rocks! Instruction on climbing, belaying, and repelling will be included.
$200 per student
Course Code: 50103
EEC-60 Wednesday, August 2
8:00am-5:30pm

Sedge Island Overnight
Journey to an isolated section of New Jersey's largest estuary, Barnegat Bay. Kayaking, snorkeling, fishing, birding, clamming, star gazing…the possibilities are endless on this adventure! The Sedge House is a rustic bunk room style lodge with Clivus toilets and no showers. Teens are sure to have a blast but are also expected to help with group chores.
$225 per student
Course Code: 50103
EEC-61 Depart Tuesday, August 8
8:00am
Return Wednesday, August 9
5:30pm

What to bring:
Although each trip will vary slightly, you should expect to pack the following items in your backpack.

- Lunch
- Sun block
- Hat
- Snacks
- Non-breakable water bottle, minimum of 32 oz.
- Maximum $10 cash for ice cream
- Change of clothes, bathing suit, towel, and strap-on closed-toe water shoes for water trips
- Comfortable closed-toe shoes for hiking and climbing trips

FLIP FLOPS ARE NOT ALLOWED ON ANY TRIPS!